



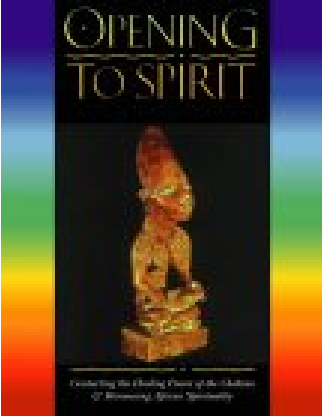
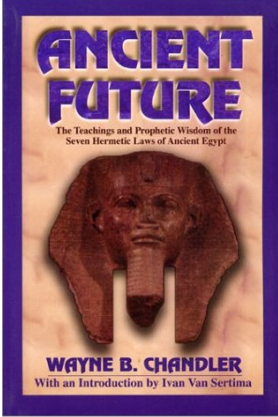
Sons of Ra Ministries




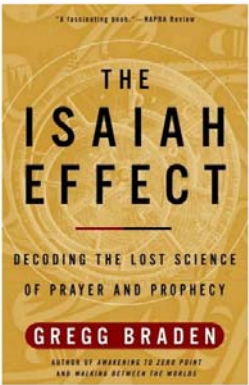
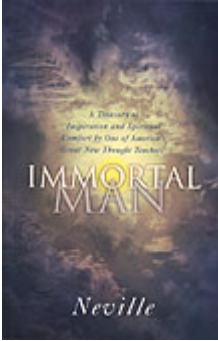
Suggested Reading List for Spiritual Unfoldment

Last Updated: April 10, 2007


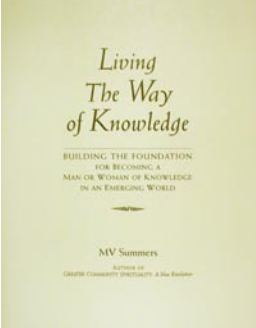
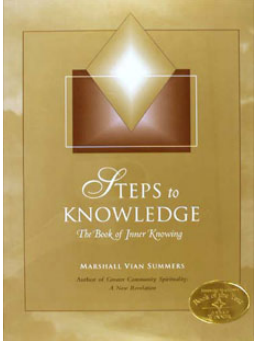
www.sons-of-ra.org

 <p>Caroline Shola Arewa</p> <p><u>Opening To Spirit, Contacting the Healing Power of the Chakras & Honouring African Spirituality</u>, Thorsons An Imprint of HarperCollins Publishers, 1998</p>	<p>The chakras are wheels of energy inside the body. This ancient system is often thought to have emerged from the yogic traditions of India, but in <i>Opening to Spirit</i>, Caroline Shola Arewa explores the importance of the chakras to the ancient Africans and Egyptians. She illustrates the common root of many of our spiritual traditions through the mythology and spirituality of Ancient Egypt, Early India and West Africa.</p>
 <p>Wayne B. Chandler</p> <p><u>Ancient Future, The Teachings and Prophetic Wisdom of the Seven Hermetic Laws of Ancient Egypt</u>, Black Classic Press, 1999</p>	<p><i>Ancient Future</i> celebrates the wisdom of those ancient civilizations that did not disassociate the philosophical, spiritual, and material realms of life. This book is an attempt to recreate this holistic experience in hopes that a synthesized view of life will become of the twenty first century.</p> <p>In <i>Ancient Future</i>, Chandler has blended all his skills and interest to tell a remarkable and original story. Twelve years ago, I was introduced to this promising young scholar who became part of a team working to revise the way African history is told and taught. I am proud to see him finding his own unique voice in this work – a vision of hope born through an understanding of the need for unity and peace between the races of man on the brink of a new millennium. – Dr. Ivan Van Seritama</p>



 <p>Gbonde Ina Ma Wase</p> <p><u>MAAT: The American African Path of Sankofa</u>, Mbadu Publishing, Denver, Colorado, 1998.</p>	<p><i>From the Foreword</i></p> <p>Maat is the way of life, a belief to be practiced in all aspects of our lives. Maat is the Truth in the face of the European, "let's pretend culture." It is very hard to see the Truth when it is hidden by distortion. Since it is hard for us to see, we need a simple, intellectually uncomplicated, guide to this marvelous Truth. Gbonde Ina Ma Wase, has provided such a text called, "MAAT: The American African Path of Sankofa." The very simple book addresses all of the Afrikans in America's concerns in the present day. This insightful author, wrote this book out of love, and a strong conviction, that the Afrikan in America is an idea whose time has come. Gbonde's book comes out of a deeply spiritual perception. – Dr. Nijama Amadi Elder</p>
 <p>Greg Braden</p> <p><u>The Isaiah Effect, Decoding The Lost Science of Prayer and Prophecy</u>, Three Rivers Press, New York, 2000</p>	<p><i>The Isaiah Effect: Decoding the Lost Science of Prayer and Prophecy</i> draws on new discoveries in quantum physics, as well as a variety of spiritual traditions and religious documents-- including Tibetan, Mayan, and Hopi prophecies; Nostradamus; and the Dead Sea Scrolls. From these sources, author Gregg Braden believes that he has recovered "a lost science with the power to bring a lasting end to all war, disease, and suffering; initiate an unprecedented era of peace and cooperation between governments and nations; render destructive patterns of weather harmless; bring lasting healing to our bodies; and redefine ancient prophecies of devastation and catastrophic loss of life." Mass prayer is the technique that will allow all of these goals to be achieved, Braden says: "the choice of many people, <i>focused in a specific manner</i>, has a direct and measurable effect on our quality of life."</p>
 <p>Neville L. Goddard</p> <p><u>Immortal Man</u>, DeVorss Publications, 1977</p>	<p>Immortal Man, a collection of lectures from the last years of Neville's life, represents the teacher in his full maturity. Twenty-three hours with Neville take one to the outer limits of reason and into a realm of pure consciousness, where self and Self are one and creative through the dynamic of awakened imagination. This creativity, taught by Neville as by no one else - and certain of results when these are at least seen in the imagination as "natural" - proves that all the world's a stage and that, as Neville writes, You are not the mask you are wearing; you are God."</p>

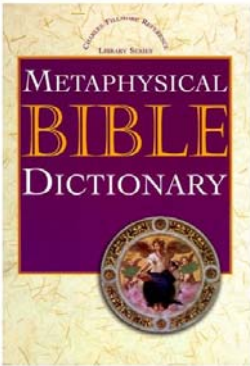
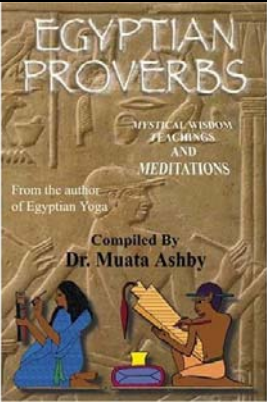


 <p>Neville L. Goddard</p> <p><u>The Neville Reader, A Collection of Spiritual Writings and Thoughts on Your Inner Power to Create an Abundant Life,</u> DeVorss Publications</p>	<p>To celebrate the centennial of his birth, DeVorss will be releasing a single-volume edition of eight books by prominent New Thought writer Neville Goddard (1905-1972). This beautiful new edition includes: The Law and the Promise, Prayer, The Art of Believing, Seedtime and Harvest, Feeling is the Secret, Resurrection, Freedom for All, Out of This World.</p> <p>Neville Goddard was among the last century's most articulate and charismatic purveyors of the philosophy generally called New Thought. For all the recent talk of America being a faith-based nation, it was this iconoclastic foreigner from Barbados, West Indies who lived out the promise of religious freedom in a manner, perhaps, that a Benjamin Franklin or Thomas Paine would have smiled upon. It is in Neville that one finds a truly American spiritual figure: an innovator, a nonconformist, someone who dared to live by the inner light of his ideas.</p>
 <p>Marshall Vian Summers</p> <p><u>Living the Way of Knowledge, The Society for the Greater Community way of Knowledge,</u> 2000</p>	<p>"Whatever you establish in your life is only as strong as the foundation underneath it. Once your foundation in life becomes strong, then great things can be built upon it"</p> <p>"In living in the world, there are Four Pillars of life. These are all part of your foundation building. They are the pillars of relationships, health, work and spiritual development. These are the cornerstones of your foundation in life."</p> <p style="text-align: center;">- Chapter Two: The Four Pillars of Life</p>
 <p>Marshall Vian Summers</p> <p><u>Steps to Knowledge, The Book of Inner Knowing, The Society for the Greater Community way of Knowledge,</u> 1999 www.greatercommunity.org</p>	<p><i>STEPS TO KNOWLEDGE</i> takes you on the great journey of discovering Self Knowledge, the mysterious source of your inner power and authority. Following Knowledge within leads you to the essential relationships that you will need to find and to fulfill your mission in life.</p> <p><i>STEPS TO KNOWLEDGE</i> provides the lessons and practices necessary for learning and living The Way of Knowledge. Presented in a self-study format, it contains 365 daily steps that teach you how to see, to know and to act with the certainty and the authority that the Creator has given you. It is the consummate study in Inner Knowing.</p> <p><i>STEPS TO KNOWLEDGE</i> is for people who are ready to undertake their greater work in life and who realize that they are here to make a contribution to the world at this critical turning point in our history. This book is here to serve them.</p>



 <p>Marshall Vian Summers</p> <p><u>Greater Community Spirituality</u>, The Society for the Greater Community way of Knowledge, 1998</p>	<p>A New Revelation.</p> <ul style="list-style-type: none"> ➤ What is Human Destiny? ➤ Whom Will You Meet? ➤ What is the Greater Community? ➤ Who Serves Humanity? ➤ What is God? <p><i>GREATER COMMUNITY SPIRITUALITY</i> is the foundation book for the study of this Teaching. It answers the 27 most important questions about our spiritual reality, purpose and destiny in life—all from a Greater Community perspective. It provides a window into the larger physical and spiritual universe into which we are now emerging. It will give you a new perspective about your relationship with God, with the world, with others and with yourself that you cannot find anywhere else.</p>
 <p>Marshall Vian Summers</p> <p><u>Wisdom from the Greater Community Volume I & II</u>, The Society for the Greater Community way of Knowledge, 1996</p>	<p><i>Wisdom from the Greater Community: Volume I</i> is a wise and compassionate guide for discovering the Greater Community teaching on the power of relationship and inner certainty in everyday life. <i>Wisdom I</i> speaks to that persistent feeling that there is something important to do in life. It provides the Greater Community perspective on topics ranging from "Marriage" and "Achieving Peace" to "Provoking Change" and "World Evolution". <i>Wisdom I</i> cuts through the uncertainty and confusion of our time to enable you to find and to follow what you have always known.</p> <p><i>Wisdom from the Greater Community: Volume II</i> concentrates on the needs of a world in transition as the greater context for finding your contribution and resolving personal dilemmas. It introduces the larger arena of intelligent life called the Greater Community and provides the insights and perspective necessary to prepare for a future that will be unlike anything that we have ever known. In chapters ranging from "Discernment" and "Solving Problems" to "Environments" and "Visitors' Perceptions of Humanity," WISDOM II opens the way to living a greater life in a greater universe.</p>
 <p>Marshall Vian Summers</p>	<p><u>The New Message from God</u> is a downloadable eBook that is provided in a PDF format.</p> <p>There is a New Message from God in the World. A great need is prevailing in the world. A Greater Darkness is upon the world. God has provided a New Message, a new answer and a new hope. It is time to begin.</p> <p>http://www.newmessage.org/</p>

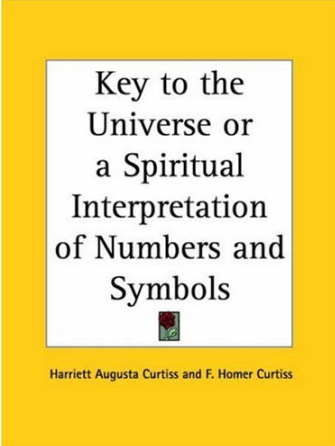
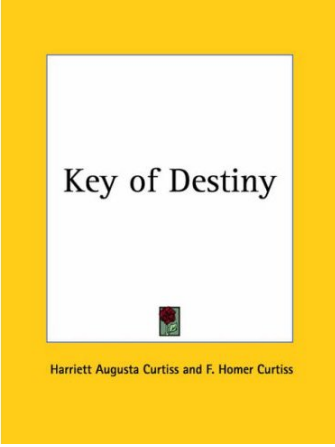
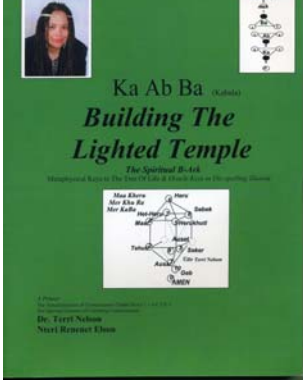


 <p>Foundation for Inner Peace</p> <p><u>A Course in Miracles</u>, 2nd Edition 1996</p>	<p>When Helen Schucman, a professor of medical psychology at Columbia University, began hearing an inner voice of rapid dictation (which she eventually identified as the voice of Jesus), she decided to start taking shorthand notes. Then, with the support and encouragement of a colleague, Schucman continued to assemble the teachings that came to her. The result is <i>A Course in Miracles</i>, a book that has spawned hundreds of study groups and an international following. Although some may find the teachings simplistic ("To heal is to make happy"), many are struck by the predominately compassionate and eloquent passages of this Christian-based interpretation of the Bible ("Whenever you deny a blessing to a brother you will feel deprived, because denial is as total as love"). Indeed, many of the teachings carry weight and certainly merit the acclaim and attention that this book has generated. --<i>Gail Hudson</i></p>
 <p>Charles Fillmore Reference Library</p> <p><u>Metaphysical Bible Dictionary</u>, Unity Books, 2000</p>	<p><i>From the Preface</i></p> <p>The metaphysical interpretations given in this dictionary are based on the practical teachings of Jesus Christ, as understood and taught by Unity School of Christianity under the direction of Charles and Myrtle Fillmore, its founders. In this dictionary, Mr. Fillmore's interpretations, which have appeared in the <i>Unity Magazine</i> and in other Unity Literature from time to time, have been used. The Bible names that had not appeared in the lessons published in Unity Literature have interpreted (with Mr. Fillmore's approval) by Theodosia DeWitt Schobert, who was formerly employed in the Unity Editorial Department and in the Society of Silent Unity.</p>
 <p>Dr. Muata Ashby</p> <p><u>Egyptian Proverbs, Mystical Wisdom Teachings and Meditations</u>, Sema Institute, 2005</p>	<p>This volume is a compilation of the most important wisdom and mystical aphorisms of Ancient Egypt. TEMT TCHAAS Temt Tchaas means: collection of --Ancient Egyptian Proverbs How to live according to MAAT Philosophy. Beginning Meditation. All proverbs are indexed for easy searches. For the first time in one volume, --Ancient Egyptian Proverbs, wisdom teachings and meditations, fully illustrated with hieroglyphic text and symbols. EGYPTIAN PROVERBS is a unique collection of knowledge and wisdom which you can put into practice today and transform your life.</p>

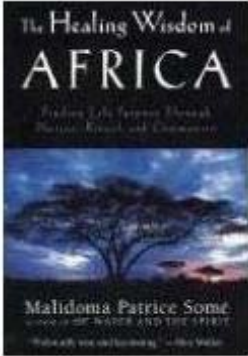


 <p>Ra Un Nefer Amen</p> <p><u>Metu Neter Vol. 1, The Great Oracle of Tehuti</u>, Khamit Publications, 1990.</p>	<p>The oracles of Ancient Black Civilizations aimed to guide individuals and nations in all areas of life. Through them it was possible to discover the spiritual cause and meaning to earthly events. These great oracles prescribed the words of power and other occult forces that can be manipulated by the initiate in order to control the events of his life.</p> <p>In this book, a landmark indeed, you will find the hidden keys that have eluded Egyptologists for ages. You will learn how to objectively evaluate every belief, method, and spiritual measure that can be taken in a given situation in life.</p>
 <p>Ra Un Nefer Amen</p> <p><u>Metu Neter Vol. 2, The Kamitic Initiation System</u>, Khamit Publications, 1994.</p>	<p>You will find in this book, for the time, a complete step by step guidance to achieving spiritual perfection, and a successful life, based on the Kamitic (Ancient Egyptian) initiation system. Those student on those spiritual path will know, Where I am at in my spiritual growth? What is the next step and the next? "How much progress am I making, and how do I know when to move on to the next level?"</p>
 <p>Ra Un Nefer Amen</p> <p><u>Tree of Life Meditation System</u>, Khamit Publications, 1996.</p>	<p><i>From the back cover:</i></p> <p>Effective and enduring changes in your life, require the cooperation of 11 sets of mental/spiritual faculties. All self-development and meditation systems on the market only address one or a few of these faculties. Because most faculties are ignored, all efforts to make changes in one's life generally yield poor results. By using the ancient Egyptian insight into the Tree of Life, Ra Un Nefer Amen has taught thousands of people to tap into all 11 hidden powers of the spirit, and to make them work synergistically for maximum success.</p>

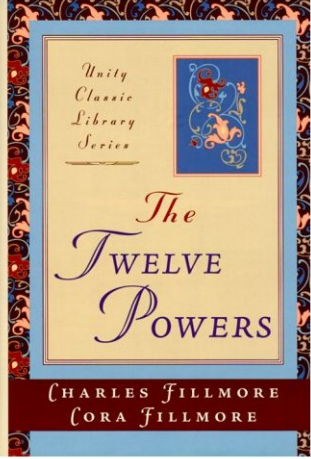
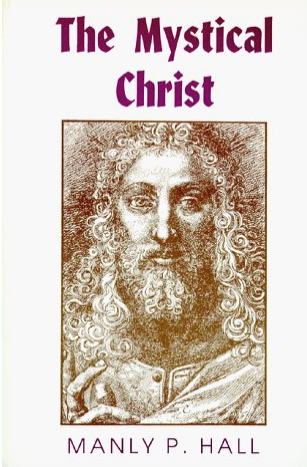
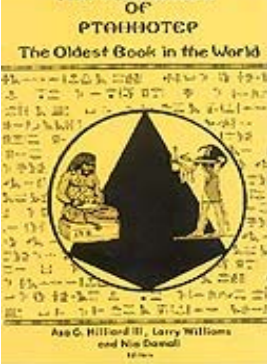


 <p>Harriet Augusta Curtiss & F. Homer Curtiss</p> <p><u>Key to the Universe</u>, Kessinger Publishing, 1997</p>	<p>Originally published in 1917, <u>Key to the Universe or a Spiritual Interpretation of Numbers & Symbols</u> describes the following: Origin of numerical systems; Symbols; Numbers 1-10, Hebrew numbers and letters; Tarot correspondences.</p> <p><i>From the forward</i></p> <p>So the Spiritual Teachers of the Race, the Masters of Wisdom and Elder Brothers of humanity, have for our sakes dwelt in Egypt that They might store up in the granaries of the King of Kings the spiritual philosophy which alone can bring satisfaction when the days of famine of the Word are upon us. They it is who have marked out the Way which leads direct to the storehouse of the King of Kings.</p>
 <p>Harriet Augusta Curtiss & F. Homer Curtiss</p> <p><u>Key of Destiny</u>, Kessinger Publishing, 1997</p>	<p>Originally published in 1919. A Sequel to, "The Key to the Universe.", <u>Key of Destiny</u> gives the spiritual interpretation of the numbers, Hebrew Letters, Tarot Cards and Commandments from 11 to 22.</p> <p>In this volume we continue that elucidation, but in addition show why there is a twelve-fold basis for physical manifestation and hence for all the allegories and myths which embody the principles of that manifestation. This we have been able to do by the discovery of the philosophical reason – and its geometrical and mathematical proof – why the zodiac is divided into twelve and not some other number or parts. This key to all the ancient allegories and myths which have twelve as a basis, since they are all founded on the twelve-fold division of the zodiac.</p>
 <p>Dr. Terri Nelson (Nteri Renenet Elson)</p> <p>www.rightrelationshipmaat.com</p> <p><u>Ka Ab Ba, Building The Lighted Temple</u>, Academy of Kamitic Education, 2003</p>	<p>The book KaAbBa draws a circle that is inclusive of the Afrikan origin of the Ancient wisdom. It reveals the undeniable root and link of Ancient Africa to all the religious systems that would develop worldwide. This book is explosive in its power to convey the meaning of KaAbBa, the MTU NTR (words of divine speech) revealing Humanity's Spiritual Journey of Unfolding Consciousness. When understood, it is plain to see that the Ancient Africans had an enlightened and elaborate Psycho/Spiritual system for shaping the highest character and moral development, long before modern day religions and Psychoanalytic theory.</p> <p>The One God; the Trinity of Ausar, Auset and Heru; the transmigration of the Soul; the resurrection of the Ka-rest within (later called the Christ by the Christians) and more are all revealed in the Afrikan Spiritual system.</p>



 <p>Malidoma Patrice Some</p> <p><u>Of Water and the Spirit, Ritual, Magic, and Initiation in the Life of an African Shaman, Penguin, Reprint 1995</u></p>	<p>Some, who was born about 1956 in Upper Volta, was close to his shaman grandfather. But this relationship and his tribal way of life was destroyed when, at age four, he was kidnapped by a French Jesuit missionary and raised in a seminary, from which he escaped at age 20. Returning home to his Dagara village, he was viewed by some as too tainted by white knowledge and ways to be able to join fully in tribal life; nevertheless, he underwent an intensive and dangerous six-week shamanic initiation that thoroughly established him as a member of the tribe. Later, he was dismayed to learn his destiny as revealed in divination and decreed by tribal elders: to return to the white world as a bridge to save his tribe from complete inculturation. This fascinating autobiography illustrates the profound culture clashes between Western civilization and indigenous cultures.</p>
 <p>Malidoma Patrice Some</p> <p><u>The Healing Wisdom of Africa, Finding Life Purpose Through Nature Ritual and Community, Tarcher, 1999</u></p>	<p>A fascinating, detailed journey through the traditional healing practices of West Africa by a beloved shaman and scholar.</p> <p>"Profoundly wise and fascinating . . ."--Alice Walker</p> <p>"An amazing bridge over the chasm of modern isolation."--Jack Kornfield</p> <p>Through <i>The Healing Wisdom of Africa</i>, readers can come to understand that the life of indigenous and traditional people is a paradigm for an intimate relationship with the natural world that both surrounds us and is within us. The book is the most complete study of the role ritual plays in the lives of African people--and the role it can play for seekers in the West.</p>
 <p>Sobonfu E.Somé</p> <p><u>The Spirit of Intimacy, Harper Paperbacks; 2000</u></p>	<p>The Spirit of Intimacy, Ancient African Teachings in the Ways of Relationships</p> <p>A renowned, respected teacher and mentor to thousands, Sobonfu Somi is one of the first and foremost voices of African spirituality to come to the West. Somi was born in Dano, Burkina Faso, a remote West African village with a population of about two hundred people. Dano has preserved the old ways of African village life, with family structures, spiritual practices, and methods of living that have been in place for more than ten thousand years. In <i>The Spirit of Intimacy</i>, Somi distills the ancient teachings and wisdom of her native village to give insight into the nature of intimate relationships.</p>



 <p>Charles Fillmore & Cora Fillmore</p> <p><u>The Twelve Powers</u>, Unity Classic Library, 2006 (Reprint)</p>	<p><i>The Twelve Powers</i> combines two popular Unity books: <i>The Twelve Powers of Man</i> by Charles Fillmore and a companion piece, <i>Christ Enthroned in Man</i> by Cora Fillmore.</p> <p>When Charles Fillmore studied the life, teachings, death and Resurrection of Jesus, he discovered twelve powers that, when developed, can lead to a life of unspeakable joy and glory. Fillmore wrote <i>The Twelve Powers of Man</i> to explain metaphysically these twelve human powers or faculties and the process of regeneration as taught by Jesus Christ.</p> <p>Cora Fillmore wrote <i>Christ Enthroned in Man</i> to help the reader to express the principles Charles Fillmore wrote about in the <i>Twelve Powers of Man</i>.</p>
 <p>Manly P. Hall</p> <p><u>The Mystical Christ</u>, The Philosophical Research Society, 1951, 8th Printing 1999</p>	<p>The <i>Mystical Christ</i> is an unfoldment of the devotional side of the Christian faith. It has been written to meet the demand for a basic statement of a strong and idealistic faith.</p> <p>The Author was convinced that only by religious insight can people find the internal peace and security which they must have to preserve an enlightened way of life. The <i>Mystical Christ</i> is suitable for those who desire a better understanding of the life and ministry of Jesus.</p> <p>It is entirely a nonsectarian presentation and cannot offend anyone who sincerely desires the benefits of a living and vital faith. The emphasis is entirely upon principles and there is no involvement in religious controversy.</p>
 <p>Asa Hilliard, Larry Williams & Nia Damali</p> <p><u>The Teachings of Ptahhotep</u>, Blackwood Press, 1987</p>	<p>The <i>Teachings of Ptahhotep</i> are important for many reasons. We are provided with a glimpse of a profoundly intellectual and spiritual body of thought and way of life of Africa's ancient people. Ptahhotep himself appeals to the Ancients, so ancient in fact that they were said to have been instructed by the Gods.</p> <p>Compare the Ptahhotep fragments of African wisdom teachings to the <i>Hammurabi Code</i> developed many centuries later. In Hammurabi, we find a toleration for slavery, if not a wholesale justification for it. Compare also the role of the leader in Ptahhotep with that described millennia later in Europe by Machiavelli in the "Prince". Machiavelli's prince was an unprincipled demagogue. By contrast, Ptahhotep and other scribe priest taught a supremely democratic and humane system of thought.</p>